

ATTACK & SET

Getting your
skills ready for
highschool?

WITH NOLAN & SHELBY

WHAT: CO-ED VB Training (Grades 6-10)
Improved attacking, setting,
combination drills, defensive skills,
& conditioning are all included

WHEN: 5-6:30pm (Tue, Sun, or both)
TUE: July 9-16-23-30 & August 6
SUN: July 14-21-28 & August 4 & 11

WHERE: Adversity Training Center
N113 W18750 Carnegie Drive
Germantown WI 53022

HOW MUCH:
\$25 per session U pick dates that work
\$125 U pick 5 Tuesdays or 5 Sundays
\$225 All 10 = **BEST VALUE! Save \$25**

Nolan Baldewicz



- ~ 3 years STING
- ~ 4 years MUHS
- ~ State Champion MUHS
- ~ Created MKE Coastal VBC

Shelby Nowak



- ~ 3 years Cedarburg Comets
- ~ 2 years Adversity-WI VBC
- ~ Undefeated 2 seasons DSHA
- ~ Top 50 twice at AAU Nationals

REGISTER NOW: Email adversitywisconsin@gmail.com

Put "Attack & Set" in the subject area. Easy!



ADVERSITY
WISCONSIN VOLLEYBALL CLUB

Developing Athletes with Character