



**ADVERSITY**  
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WISCONSIN VOLLEYBALL CLUB

## **Mondays Positional Training**

**April 23-30 May 7-14-21 June 4-11-18**

**5:30-7pm**

**8 Total Dates!**

**Athletes can attend as available!**

**\$25 each or all 8 sessions for \$175.00!**

**Coached by Ariel Feiertag (All-American)**

**& Dave Pauers (5<sup>th</sup> at AAU Nationals in 2017)**

 **Positional Training**

 **Play-It-Out Drills**

 **3 Training Areas**



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